

January 26 - 29, 2018 • National Doral Miami • Miami, FL







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The Evolution of Eating A generational study

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Generational values can transcend life stage or circumstance





The Evolution of Eating

Four generationally fueled trends reshaping the food landscape

- 1. Getting Clean
- 2. The New Convenience
- 3. Food Goes Digital
- 4. Redefining Meal Composition



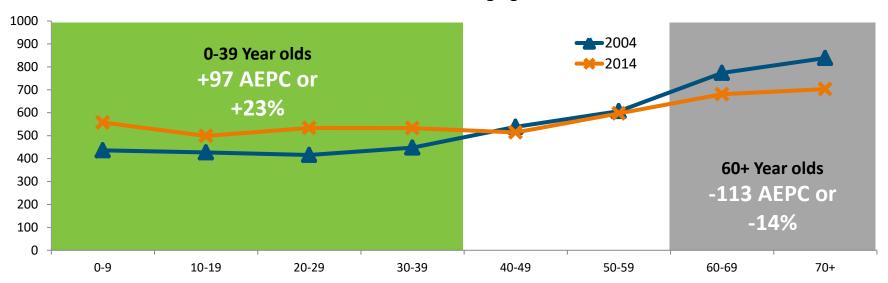


The last decade signaled a shift in fresh food consumption after decades of decline.

Fresh Foods Annual Eatings Per Capita

Generational change is partly responsible for the move to fresh as young consumers are adopting fresh much earlier in the aging curve than in the past

Fresh Foods Trended Aging Curve



Source: The NPD Group/A Generational Study: The Evolution of Eating. Fresh food defined as fresh fruit, vegetables, refrigerated meats, poultry, fish, and eggs

Fresh, clean eating is healthy eating

64%

of primary grocery shoppers consider clean eating synonymous with healthy eating. Fresh items top the list of items perceived as highly clean and highly healthy.

Items Considered Highly Clean and Healthy

- Fresh vegetables
- Fresh fruit
- Olive oil
- Fresh organic fruit

- Fresh organic vegetables
- Frozen organic vegetables
- Frozen organic fruit
- Bagged organic salad

- Wild-caught salmon
- Coconut oil
- Organic eggs

- Organic potatoes
- Free-range chicken
- Cage-free eggs

Q.22 Which of the following best describes the relationship between healthy eating and clean eating? (4-point scale)

Base = Primary grocery shoppers (n=3,844)

Source: The NPD Group/Clean Eating Custom Survey, June 2015

Q.38 Which of the following would you consider "healthy" and which would you consider "clean"?

Please think of the typical things found in grocery stores when answering this question

(Multiple response out of 209 items presented in category groups)

Base = Primary grocery shoppers (n=3,844)

Items shown in order of magnitude

Source: The NPD Group/Clean Eating Custom Survey, June 2015

How Much Does Clean Eating Improve the Overall Quality of Life?

The younger generations are more likely to associate clean eating with an improvement in their quality of life.

% Indicating Very Much









35-53 Year Olds

55+ Year Olds

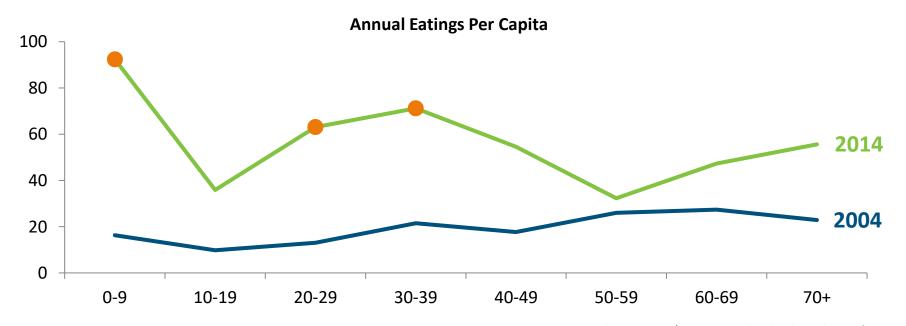
Q.17 How much do you feel clean eating improves the overall quality of life? (4-point scale)

Base = Primary grocery shoppers (n=3,844)

Source: The NPD Group/Clean Eating Custom Survey, June 2015

Organic Foods and Beverages

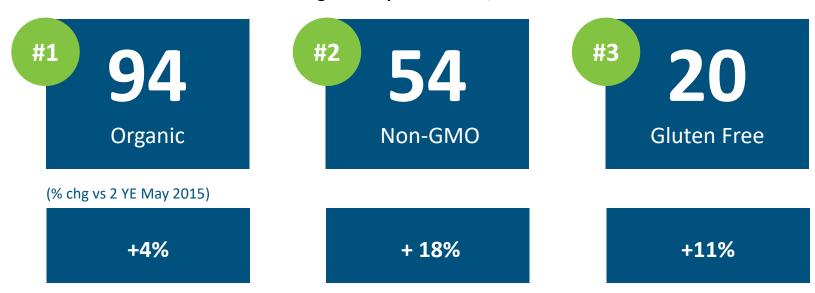
Although everyone has increased consumption of organic foods, Millennial parents and their children are leading the way, making this lifestage-driven



Source: The NPD Group/A Generational Study: The Evolution of Eating.

Gen Z is consuming more of the top 3 food and beverage special labels.

Annual Eatings Per Capita In-Home/Carried Occasions



Source: The NPD Group/National Eating Trends®, 2YE May 2017 Total Food & Beverages

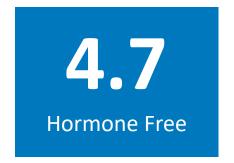
Several small, emerging special labels that relate to food origin are gaining momentum among Gen Z members.

Annual Eatings Per Capita In-Home/Carried Occasions
Total Gen Z – Ages 0-20





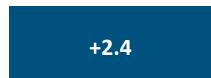


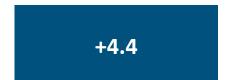


Almost all the growth has occurred since 2015... (AEPC pt chg vs 2 YE May 2015)









Source: The NPD Group/National Eating Trends®, 2YE May 2017



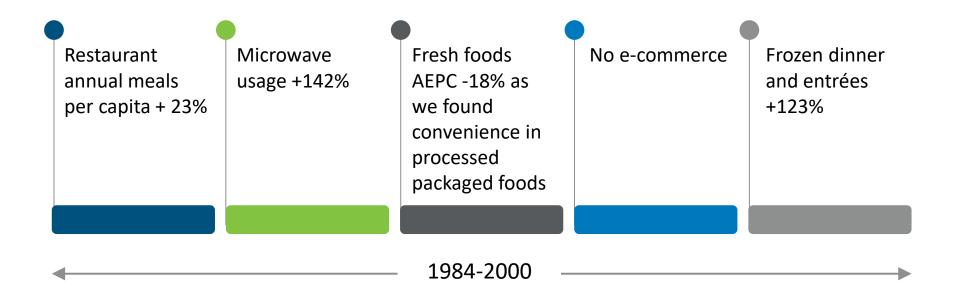
The history of Convenience 1985

- Consumer Confidence Index = 100
- 55% women in workforce
- 16.5% of meals sourced from Restaurant
- 1.7 Trillion Vehicle Miles of Travel



The convenience revolution

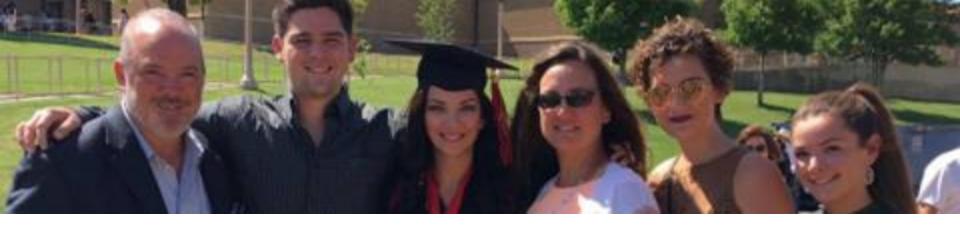
The Old Convenience





The history of convenience - 2000

- Consumer Confidence Index = 139
- 60% women in workforce
- 20% of meals sourced from Restaurant
- 2.7 Trillion Vehicle Miles of Travel

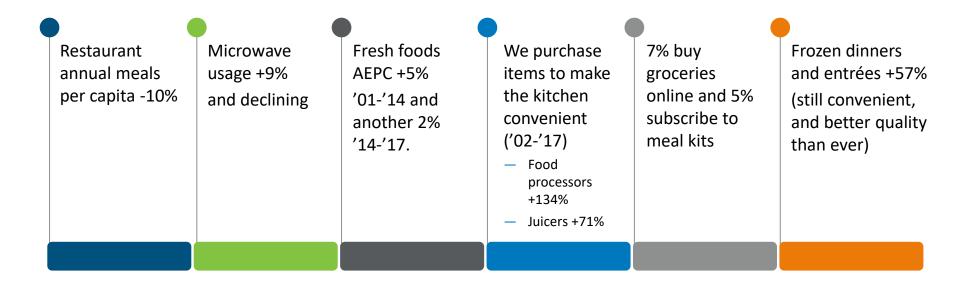


Convenience Today

- Consumer Confidence Index = 100
- 57% women in workforce
- 17% of meals sourced from Restaurant
- 3.0 Trillion Vehicle Miles of Travel

The convenience reinvention

The New Convenience

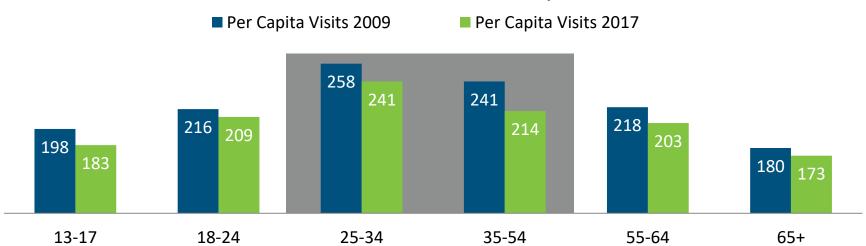


2001-Present

All consumer groups report fewer restaurant visits per capita versus 2009

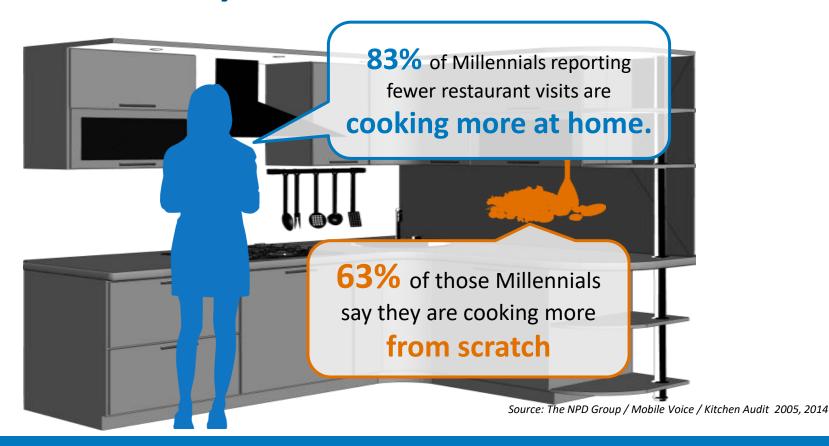
Ages 25-54 are the peak restaurant usage life stages





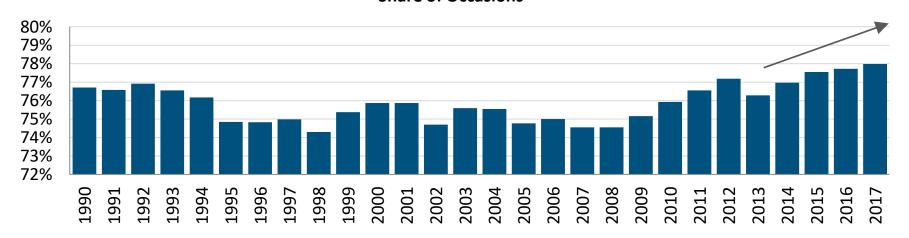
The NPD Group/CREST

Millennials today are more involved in the kitchen.



Regardless of where we source the meal, we increasingly consume it at home

Prepared and Eaten in Home
Purchased Away From Home but Eaten in Home
Share of Occasions



Source: The NPD Group/National Eating Trends®, Years ending February '13-'17

A look at the fastest growing categories in NPD's measured universe shows an emphasis on the home

Home Automation	Making home comfortable and convenient	+49%
Games and Puzzles	Spending quality time at home	+26%
Portable Beverageware	Relaxing with a hot or cold beverage at home or bringing one with you	+24%
Cookers	Convenient Meal Prep	+27%
Cookware	Preparing meals at home	+9%
Vacuums	Maintaining the home	+21%

Source: The NPD Group/Retail Tracking Service

Thanks to our increasingly connected homes, we are deriving more entertainment at home

59%

of U.S. broadband customers have at least one TV connected to the Internet



7 million

This is an increase of 7 million homes versus year ago



11 million 19 million

connected TV and attached-content devices (like streaming media players) sold last year



households have a 4K TV (growth driven by 55-inch class)

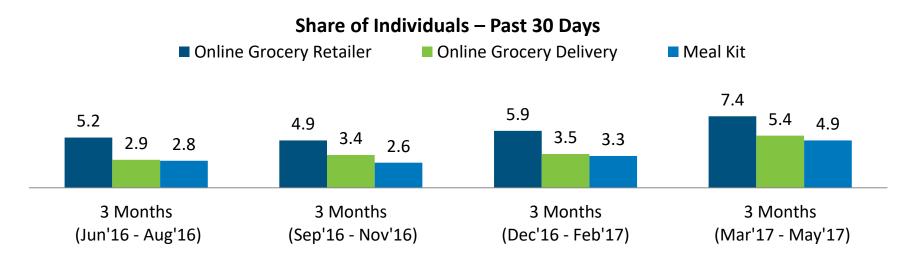


Source: The NPD Group/Q2 Home Entertainment Report



Alternative sources for the in-home meal are gaining momentum

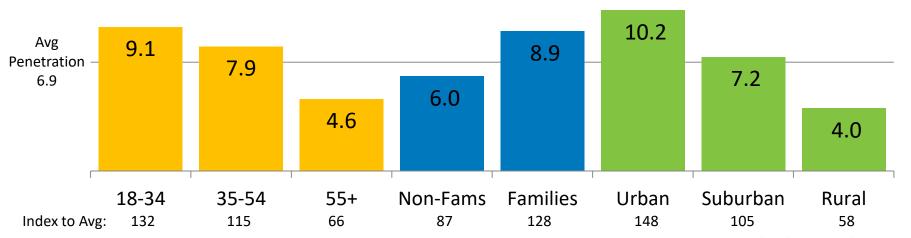
7% are buying groceries online and 5% are using subscription meal kits



Source: The NPD Group/NET®

Online grocery shoppers can be found across all demographic groups.

Online Grocery Shopping Past 30 Day Penetration



Purchased groceries online past 30 days Source: The NPD Group / National Eating Trends® (NET®), Year Ending August 2016 Three out of ten online food/beverage grocery orders were purchased using a mobile app. The rest were ordered from a Website.

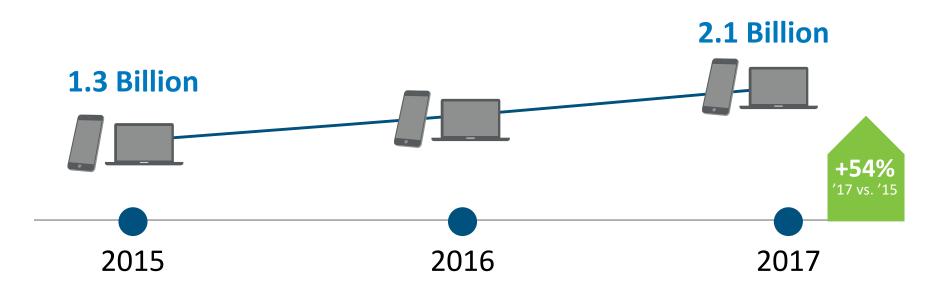
Adults under 35 are nearly 50% more likely to order online groceries using a mobile device (44% of their orders).

Q How many of those purchase occasions were done using a Website and how many were done using a mobile app? Source: The NPD Group / E-Commerce Custom Survey, November 2016 n = 613



Trend in digital traffic

Digital orders = Internet and mobile app orders have grown by leaps and bounds just over the past two years, now accounting for almost 2 billion visits.



Source: The NPD Group/CREST®, YE June 2017 -Total Restaurant Industry

ASAP

to

Enter your address



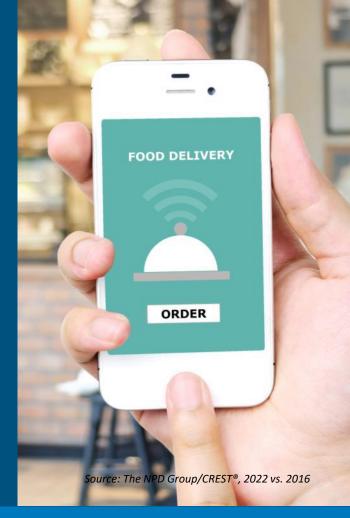
Wings Chicken Tenders Fried Chicken Pizza Sides Beverages Desserts

Delivery Traffic Forecast – Excludes QSR Pizza

Restaurant Delivered Meals
Excluding Pizza

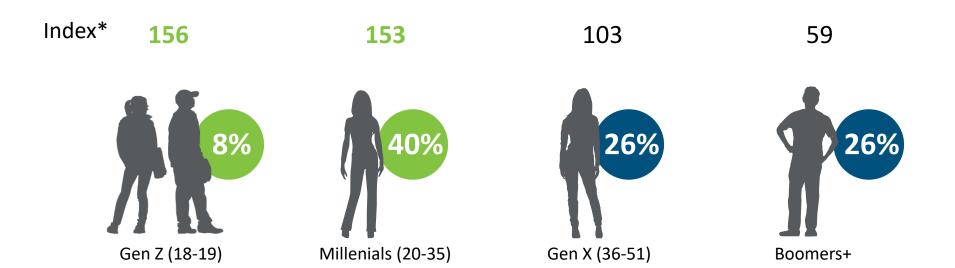
Traffic Forecast 2022 vs. 2016





Delivery Usage Skews to Younger Consumers

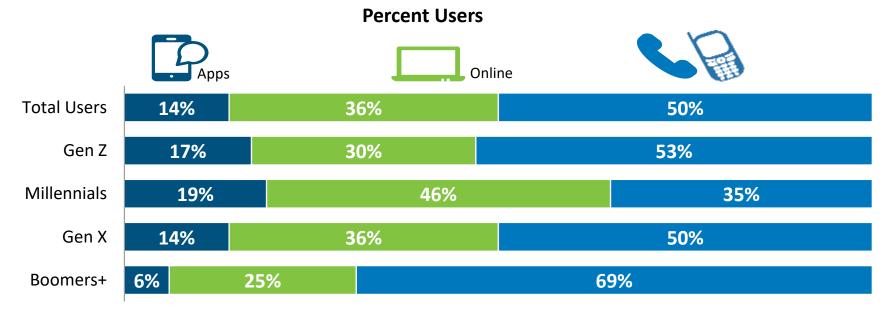
Gen Z and Millennials over index and account for half of all meals delivered.



*Index Users to Distribution of Total Qualified Respondents Q: Which of the following have you done in the past 3 months? Source: The NPD Group /Delivery Custom Survey, June 2016,

How Delivery Order is Placed by Generational Group

Telephone orders are still the most common method for ordering delivery. Millennials are more likely to use online and apps for ordering.



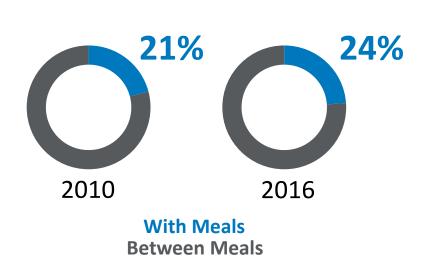
Q: How do you usually order delivery? Source: The NPD Group/ Delivery Custom Survey, June 2016



Snack Food Eatings Share

More snack foods are being eaten at main meal occasions

This fact, in combination with an increase of between meal occasions overall drives growth for a variety of snack foods.

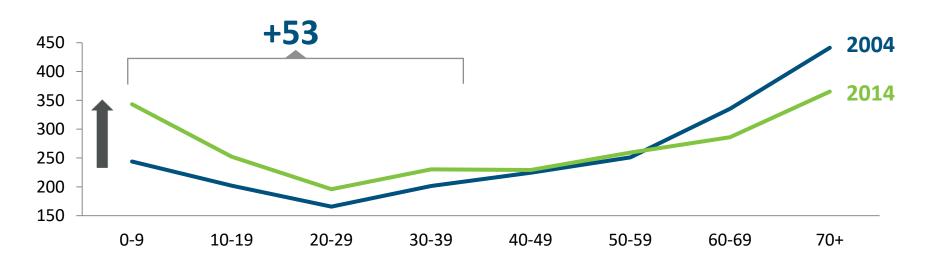




Source: The NPD Group/SnackTrack®, Year ending March Source: The NPD Group/A Generational Study: The Evolution of Eating

More so than other generations, Gen Z meals include RTE snack foods likely for convenience.

RTE Snack Foods Eaten at Main Meal - Annual Eatings Per Capita



Source: The NPD Group/National Eating Trends®; YE February

Minimal preparation is another way Gen Z keeps meals simple.

58% of Gen Z's eating occasions are prepared without an appliance

Compared to just 47% of Millennials' and Gen X'ers' occasions

Source: The NPD Group/National Eating Trends®; 2 YE May 2017

Snacking success is about the three P's:

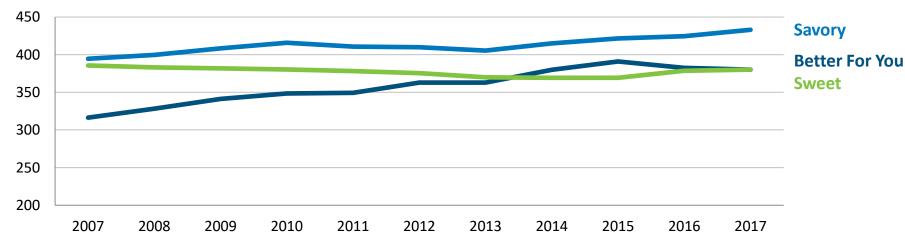
- 1 Price
- 2 Portability
- 3 Portion Control



Savory snacking continues to exhibit growth

Sweet snacking has sustained last year's gain and remains on par with BFY snacks





Source: The NPD Group/SnackTrack®, data trended 10 years ending March Definitions of savory, sweet, and better-for-you snacks were updated for this year's report

Take Home Opportunities

- 1. Embrace the experiential nature of todays consumer
- 2. Find a connection between your food story and consumer desire for freshness and authenticity
- 3. Create **flexibility** in the product assortment to meet emerging consumer definitions of "meal time"
- 4. Leverage the opportunity to engage directly with consumer via digital platforms



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Thank You

